



## MEET ERIC

Eric Spencer's passion is designing and facilitating executive & leadership development programs that transform careers and leader reputations. As COO for SkyeTeam, he brings more than twenty years of experience building and shaping Human Resources organizations.

Eric holds a bachelor's degree in Management from Arizona State University, and an MBA with a focus in Organizational Behavior from Virginia Tech. He is the father to two amazing young women and an avid musician, and spends his free time writing, recording, and performing.

He's the host and Chief Bartender of The Corporate Bartender podcast and soon to be best-selling author with his new book *You, Me, We: Why we all need a friend at work (and how to show up as one!)*.

Learn more at [skyyeteam.com](https://skyyeteam.com)

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## WE'RE BETTER TOGETHER

*You, Me, We* is a book for leaders who want to improve — at leading, yes, but also at their lives.

How so? By building deep, long-lasting relationships that set everybody up for success.

One of the most important indicators of individual, team, and organizational success is the presence of an Ally Mindset.

When we have best friends at work — people who are with us in good times and bad and who help ensure we make it through together — we thrive.



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Before we get into it, I want to ask you three questions. Have you ever:

- Noticed that great leaders focus on relationships first?
- Wished you could just wave a magic wand and make at least ONE workplace relationship better?
- Wondered why the hell should we care about friendships at work — I mean, it's WORK!?

If you answered yes to any of these questions, you're in the right place.

Our guest today is Eric Spencer, an HR and Leadership Development "lifer" who is passionate about helping organizations, teams, and individuals get better. He's also the host and Chief Bartender of The Corporate Bartender podcast.

As the COO of SkyeTeam, an international leadership development consultancy, Eric and his colleagues have worked with more than 10,000 leaders, from 20 countries, on 6 continents.

He's the father of two amazing young women, is an accomplished musician and songwriter, and his cat has graciously allowed him to be with us today.

Helping us to understand why having best friends at work matters, please join me in welcoming author, speaker, facilitator, and world's okayest guitar player...Eric Spencer!